




















AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 To help see your home as a "church," make paper crucifixes and put one in every room. 	2 Turn all the screens off tonight and play some board games together.	3 Take a family walk and bring home as many different wild flowers as you can. 
4  Send a homemade card to a priest who is special to your family.	5 Whenever you hear a siren rush past, make a Sign of the Cross and pray for the safety of all involved.	6 In honor of the Transfiguration, come to dinner dressed in your best clothes.	7  Practice patience.	8 In honor of St. Dominic, talk only of God and his blessings at dinner tonight.	9  Give up a bad habit today. Ask the Holy Spirit for help.	10  Make "hero" sandwiches for dinner. While enjoying them, share stories about the heroes in your life.
11 Before you go to Mass today, have everyone run around the house collecting loose change. Then put it in the poor box at church.	12 Show your family love by giving "good morning" hugs, "thank you" hugs, "I'm glad you're mine" hugs.	13  Make up a story and let everyone have a chance to add to it. Give it a happy ending.	14 Any time you find yourself worrying today, say a quick prayer of thanksgiving instead.	15  In honor of the Assumption of the Blessed Mother, say the prayer, "Hail, Holy Queen."	16 Skip a favorite food today to show empathy for people who don't have enough to eat.	17 Cheerfully do an unpleasant task or chore and offer the sacrifice as a prayer for someone else.
18 Attend Mass and receive Communion. Commune around the dinner table to celebrate peace, love, and family.	19  Recite the Apostle's Creed as an act of faith.	20 Read about one of the saints. Pray to him or her to intercede for your family.	21  Spend the day looking for a sign of God's love for you and share it with the rest of the family at bedtime.	22  Pray for all foreign missions today.	23 Family Fun Night! Play board games, sing songs, watch movies ... together!	24  Practice compassion by visiting a nursing home together.
25  After Mass today, set an extra place for Jesus at your table.	26  Bless each child this morning before the day's activities start.	27 Fill your home with signs of love, such as framed photos, handmade artwork, or notes of encouragement.	28 Surprise someone with a friendly phone call. 	29  Celebrate the Eucharist by having bread with every meal.	30  Abstain from TV as a Friday sacrifice.	31 Go through a closet and donate extra clothes, books, and toys, to your local charity.